

**PARISH OF SOUTHMINSTER
MAGAZINE OF THE
CHURCH OF ST LEONARD**



MARCH 2020

“For in hope we were saved”

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*Articles for the April
magazine by
Sunday 15 March
please, to Kath Dunstan.
New contributors will be
welcome.*

**Your magazine costs 50p.
Please pay in church.**

**Or pay in advance for the year if it is
delivered to you.**

**The 2020 subscription was due in
January.** Please decide and speak with
Brenda Sheppard about delivery etc.

(See Who's Who List.)

Reflection

As we approach Easter I see the signs of new growth round and about in the hedgerows and in the churchyard. The snowdrops are up and away; tulips and daffodils are starting to show their heads as the ground warms up in this unusual weather condition. The daffodils and the tulips have a challenge in front of them for, if the weather becomes too much colder and more harsh, it may well damage their young growth. Yet, I am sure, we will still soon see some spectacular flowers round about our church and village.

The way that we view things is important to our wellbeing, to have hope helps us to have a positive outlook in our everyday; knowing that there will be colour in the garden in the future gives us hope in the work that we are doing in our todays.

It is a little like joining a gym at the beginning of the year, knowing that in a short while with all the exercise that we shall be fitter and leaner for the summer; the hope becomes a certainty as we see the change in and of ourselves. Hope for the future can well help us through the darker times of our lives and the challenging moments that present themselves. However hope can be misunderstood as good fortune or little chance; for instance “I hope one day to own a vintage Rolls Royce” this probably will not happen, yet I still hope.

The biblical definition of hope is entirely different to the contemporary thought. Biblical hope is being certain *in faith* that something will happen. Hebrews 11: 1 says “Now faith is the assurance (confirmation) of things hoped for (divinely guaranteed), and the evidence of things not seen.” As our faith grows, it flourishes as confirmation in our hearts that the promises of God are certain and sure (divinely guaranteed).

As sure as we are that the snowdrops, tulips and daffodils will appear in the springtime so, by faith, we know that our Saviour *will* appear again: the signs have been given to us and the promises have been written for us to know (for sure) that the Lord Jesus will come again.

As I write this reflection, we have been hearing in our Sunday readings of the confirmation of the first Advent, with Simeon and Anna witnessing the arrival in flesh of the infant Jesus, the Son of God made man (Luke 2: 22 – 40). Two people whose hopes and prayers were in the ‘consolation of Jerusalem’ praying that they would experience that hope and have a confirmation in their hearts and minds. As Simeon received the young Lord Jesus in his arms, his hope had come to fulfilment and he cried and said “Now Lord, you are dismissing Your servant in peace according to Your word, for my eyes have seen Your salvation.....” The hope of Simeon had become reality, something tangible, something to behold. Anna too, saw the hope of the world in the flesh, the Holy One, the Messiah; this was not a dream but hopes that had become certain.

Whenever our hope is put in God whether in His promises written down for us in the Bible –similar to the one given to Simeon who was mentioned earlier; through visions and dreams, or through prophecy into our lives, if we know these words are truth, then we know that they will come to fulfilment in God’s time; we may have to wait, but hope placed in the Lord God will turn in to the joy of realisation. “For in hope we were saved” Romans 8: 24.

Peter



The World Day of Prayer Service 2020 in Southminster Prepared by the Christian Women of Zimbabwe

**“Rise! Take your mat and walk!”
Friday, 6th March, 10.30am at St Leonard’s Church**

During the day on 6th March all over the world women, men and children will be gathering to sing God’s praise and to pray the same prayers. The theme is based on an incident that happened when Jesus passed by the pool at Bethesda where many people sat, including a man who had been an invalid for 38 years. Jesus asked the man if he wanted to get well and instead of saying yes please, he moaned about not being able to reach the pool at the time when it apparently had healing qualities. Jesus then said, “Rise! Take your mat and walk”! The day was a Sabbath but Jesus saw his need, reached out to him and he responded, and he was able to walk. Jesus is ready at all times for us to respond to his offer to meet our deepest needs, it would be good if we could be ready and willing to receive him.

The order of service has been prepared by the Christian women of Zimbabwe which is a landlocked country in South East Africa. It is mostly savanna, with mountains and tropical forest in the east. There are two large rivers, Zambesi (north) and Limpopo (south), and has immense beauty and diversity of flora and fauna.



The flag adopted at Independence in 1980 is interesting and symbolic. There are seven stripes in four colours – black for the majority of the population; green for vegetation; red for the blood shed during the liberation struggle and yellow representing the gold and minerals. There is a white triangle that stands for peace, a red star for hope, and the bird represents the national bird.

Everybody is welcome to the Service on 6th March – women, men and children – come along and join your thoughts with the world wide prayer. It lasts about one hour followed by light refreshments.

Jacky Griffiths .

A sending-off gift to a much-loved Bishop and his wife...

As you may be aware, our lovely Bishop Stephen and his wife Rebecca are leaving the Diocese of Chelmsford for pastures Yorkshire!! This April coming he is to be installed as the next Archbishop of York when Archbishop John Sentamu retires after many years of exceptional service to God through the Church of England.

Bp Stephen, although delighted to be offered this role, is finding it difficult to think about leaving his home diocese: he was born in Leigh-on-Sea, educated there, and his mum still worships there, after the death of Stephen's dad a couple of years ago; our Stephen is a real 'Essex boy'. They really thought they would finish their service to God here in their much-loved and enjoyed Diocese of Chelmsford, with its huge variety of peoples, cultures and styles of church-life, but He had other plans for them: really rather exciting ones too! Stephen is a very... no, exceptionally gifted Bishop, and together they are a wonderful example of being God's servants, and will bring much to this new and leading role within the Church of England. We can support him and Rebecca by our prayers now and in the future. He will truly need our 'Prayer Warrior' support in this new and highly visible role and she in supporting him and finding her own valuable and valued 'place' in their new life there. (We will pray similarly for whoever is to be OUR new Bishop here in Chelmsford...)

We would very much like to give a loving 'thank offering' to them as they prepare to leave, in acknowledgement of their great work and service to us, so lovingly given. This is entirely in line with the way the New Testament churches sent

love-gifts to their servant-apostles as they undertook to make God's Kingdom and its King known so much further afield. Thus, as an advance notice, there will be opportunity in church over the 3 weeks, to make an offering in love of monies which we will send through to them, for them to use on whatever they wish. Please pray and come to church prepared to make a gift to them *in an envelope marked 'Bishop Stephen'* and we will ensure these gifts reach them in good time. It is one of the ways we can demonstrate our affection for them and make their moving-on a time of anticipation of good times to come in the service of an ever-loving and all-powerful God and Father. We give our thanks and praise to Him for their unstinting love and service. Amen.

Peter

.Just a thought:

If you usually make your gift to God at church through a regular bank standing-order, do please pick up one of the little laminated cards on the right-hand pew the back of the church when you come in. These just say "I make my gift through standing order". Place your card in the offering pouch which gets passed along the rows... and then your offering will be amongst the rest when the prayer is said over all our gifts to God. No amounts are shown, for you are just placing a pre-typed card in the pouch. For myself, I really like to do this and make my regular offering to God 'covered' by the blessing in thankfulness and for fruitfulness which is said over all these gifts as they are placed on the alter before God. We took the idea from our last church where it was a regular part of the ways of giving, and we like the way it makes all the gifts given part of the overall offering each week/month.

Fiona

The Snowflake Generation

It has been said that young adults from the beginning of the 2010 years are viewed as being less resilient, too sensitive and more prone to taking offence than previous generations. These young adults have been classed as snowflakes who melt too quickly when the heat is on!

Let's look at the composition of a snowflake and see if it is a negative or positive label!



A snowflake begins to form when an extremely cold-water droplet freezes on to a dust particle in the sky. This creates an ice crystal and when the ice crystal falls to the ground water vapour freezes on to it building new crystals and with few exceptions snowflakes are always 6 sided and to the best of mans' knowledge are unique as no 2 are alike in shape.

So, I think we all must agree that snowflakes are wonderfully made, and we also know that snow has always been white. The Bible has many references to the colour white which symbolises purity. One example is in Psalm 51 after King David had committed adultery and he asked God for mercy and to wash away his sin, "Wash me and I shall be whiter than snow." And in Isaiah 1:18 it says "Though your sins are like scarlet they shall be as white as snow" a powerful figurative description of the result of forgiveness. Each generation regardless of its label needs God's forgiveness and cleansing from sin for the Bible says, "For all have sinned and fall short of the glory of God (Romans 3:23)."

So how do we view this “Snowflake generation?” We need to remember that each generation will bring change, and that each generation moves on.



The conditions we were brought up in can be completely different from this generation, some of which they may never experience. We understand that while the world moves on there are always going to be struggles as well as joys in differing forms to the ones we knew. May we learn to embrace new ways and to work within them to help others, always with the help and wisdom from the Lord.

Just as we've looked at the creation of the snowflake let us see the uniqueness in each other, of people of every generation. We are products of previous generations so let's learn from them. Let us work to put right the negatives, embrace the positives, and let us remember that as snowflakes can get dirty and trampled underfoot so each generation gets things wrong at times, but we know we can come to God for forgiveness and be cleansed and become white as snow.

The Bible says “Blessed are the pure in heart for they shall see God.”

So let us embrace the people of this snowflake generation and love them as God does, as each one is a precious snowflake, and God longs for them to come to Him so that through the forgiveness of their sins, they too can be whiter than snow.

Brenda Sheppard



Monday 2nd March Best Ever Mother starts at 3.45 pm

Age range aimed especially for children at
Primary School with Parent or Carer

A family afternoon of fun and messiness -
Come along and join in!

Future dates

30th March (for April):
Best Ever Easter

PRAY FOR SOUTHMINTER:

w/b	1 March	Central - East
w/b	8 March	Central - South
w/b	15 March	South - West
w/b	22 March	Central -West
w/b	29 March	North - East



ROTA REPLY SLIP YOUR AVAILABILITY FOR 2 MONTHS

Please cross out the dates when you are **not** available and return this slip to **Paul Lucas** by 15th March

May 2020	3	10	17	24	31
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June 2020	7	14	21	28	
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Name

PLEASE REMEMBER THAT IF YOU ARE UNABLE TO FULFIL YOUR DUTY YOU SHOULD CHANGE WITH SOMEONE AND INFORM THE WARDENS OF THE ARRANGEMENT.

THANK YOU - AS ALWAYS - FLOWER ARRANGERS

The church looked wonderful during February, On 16th February the flowers were sponsored by Anne Wodhams in memory of her husband Gerry.

The flowers in church on Sunday 9th February were donated by Pauline Hammersley in loving memory of her brother Bob English. We all remember him for his contribution to keeping the front flower beds in good order for many years - and for his regular involvement with the Royal British Legion.



Easter is coming

As usual, there will not be flowers in church during Lent but from 1st March there will be a form at the back of church for people to complete and to give donations (to Kathy Pegg or to the Churchwardens) towards Easter lilies and flowers in memory of loved ones whose names will be on the Memorial Scroll. These donations for Easter flowers should be made by 5th April please.

ROTA FOR MARCH 2020

Date **1 March**

1st Sunday of Lent

08.00 Holy Communion (BCP)

Col: Purple

Leader/President/Preacher	Rev'd Canon Peter
Romans 5 : 12 - 19	Paul Lucas
Matthew 4 : 1 - 11	Celebrant
Sidesman/ Communion Asst.	Paul Lucas

10.45 Holy Communion

Leader/Preacher	Rev'd Canon Peter
Romans 5 : 12 - 19	Jenny Pratt
Matthew 4 : 1 - 11	Jenny Pratt
Intercessions	Kath Dunstan
Communion Assistants	Paul Lucas & Mike Bikhazi
Prayer Ministry Team	Brenda Sheppard & Viv Perry
Audio-Visual Operator	Christine Lucas
Sidesperson	Gwyneth Iffland & Paul Lucas
Refreshments	Linda Payne & Rosemary Cooper
Transport	Bob Perry

Date **8 March**

2nd Sunday of Lent

08.00 Holy Communion (BCP)

Col: Purple

Leader/President/Preacher	Rev'd Ken Dunstan
Romans 4 : 1 - 5, 13 - 17	Sheila Nicholson
John 3 : 1 - 13	Celebrant
Sidesman/ Communion Asst.	Paul Lucas

10.45 Family Celebration Service

Leader/preacher	Norman Pratt / Karen Flack
Romans 4 : 1 - 5, 13 - 17	Kath Dunstan
John 3 : 1 - 13	Kath Dunstan
Intercessions	Jenny Pratt
Prayer Ministry Team	Fiona Begley & Lynda Hedges
Audio-Visual Operator	Sylvia Adams
Sidesperson	Mo Shakspeare & Rosemary Cooper
Refreshments	Christine Lucas & Sandra Billingham
Transport	Paul Lucas

ROTA FOR MARCH 2020

Date **15 March**

3rd Sunday of Lent

08.00 Holy Communion (BCP)

Col: Purple

Leader/President/Preacher

Rev'd Peter/ Norman Pratt

Romans 5 : 1 - 11

Anne Wodhams

John 4 : 5 - 42

Celebrant

Communion Asst. / Sidesman

Pete Adams & Anne Wodhams

10.45 Morning Worship

Leader / Preacher

Jenny Pratt / Norman Pratt

Readings as at 08.00

Mike Bikhazi

Intercessions

Fiona Begley

Prayer Ministry Team

Christine Lucas & Sylvia Adams

Audio-Visual Operator

Christine Morgan

Sidesperson

Mike Bikhazi & David Johnson

Refreshments

Sally Culff & Maureen Smith

Transport

Christine Morgan

Date **22 March**

Mothering Sunday

08.00 Holy Communion (BCP)

Col: Purple

Leader/President/Preacher

Rev'd Peter

Ephesians 5 : 8 - 14

Kathy Pegg

John 9

Celebrant

Communion Asst. / Sidesman

Pete Adams & Kathy Pegg

10.45 Family Celebration for Mothering Sunday

Leader/Preacher

Rev'd Peter

Readings as at 08.00

Paul Lucas

Intercessions

Brenda Sheppard

Prayer Ministry Team

Fiona Begley & Viv Perry

Audio-Visual Operator

Mike Bikhazi

Sidespersons

Lynda Hedges & John Hedges

Refreshments

Bob Perry & Paul Lucas

Transport

Christine Morgan

19.00 Informal Worship ..."His Presence"

Date **29 March**

08.00 (See details overleaf)

10.45 UNITED SERVICE AT CHRISTCHURCH Details t.b.a.

MARCH SERVICES AT STEEPLE

Sunday	1 st	9.15 am	Family Service
Sunday	8 th	9.15 am	Holy Communion
Sunday	15 th	9.15 am	Morning Prayer
Sunday	22 nd	9.15 am	Holy Communion
Sunday	29 th	10.45 am	United Service at ChristChurch

March at St Nicholas, Tillingham

Sunday 1st	10.00 am	Family Service (Laity)
Wednesday 5th	9.15 am	Morning Prayers (Laity)
Sunday 8th	10.00 am	Parish Holy Communion
Wednesday 12th	9.15 am	Morning Prayers (Laity)
Sunday 15th	10.00 am	Family Service (Laity)
Wednesday 19th	9.15 am	Morning Prayers (Laity)
Sunday 22nd	10.00 am	Joint benefice Holy Communion here
Sunday 29th	10.00 am	Parish Communion

March Services at St James, Dengie

March 1st	8.00 am	Holy Communion
March 8th	3.00 pm	Evensong
March 15th	3.00 pm	Holy Communion (PCC meet after)
March 22nd	10.00 am	Joint benefice Communion at Tillingham
March 29th	3.00 pm	Evensong

SOUTHMINSTER SERVICE on March 29th

08.00 Holy Communion (BCP)

Col: Purple

Leader/President/Preacher

Rev'd Peter

Romans 8 : 6 - 11

Paul Lucas

John 11 : 1 - 45

Celebrant

Sidesman/ Communion Asst.

Paul Lucas

ST. LEONARD'S REGULAR MIDWEEK ACTIVITIES

PCC meetings and related committee meetings
are usually on Monday evenings.

The **Music Group** meets in church on Fridays at 7.45 pm
& occasional Tuesdays. See Hazel Richards for details.

Bellringers meet occasionally in the tower
but we don't have our own regular team now.

Henry Club - Church Cleaning Team - meets twice a month
at 9.30 am (normally on Fridays)

The March dates are 13th and 27th

CHURCH GROUNDS WORKING PARTY

Details of these will be in the weekly notices.

Midweek Morning Prayer services (Mon., Wed. and Fri.)

8:00 am (about half an hour) in the chapel.

Tuesdays 8.30 am "Just Prayer" also in the chapel.

HOME GROUPS

Normally they are Mondays at 10 am
and Thursdays at 7.45 pm for 8 pm

ALPHA FOLLOW-ON

Groups meet at the Vicarage on Tuesdays at 7.30 pm

Check details on weekly bulletins.

Young people and children are always welcome,
especially at 10.45 services,

Messy Church is once a month on Mondays. See page 10.

Families are encouraged to attend the

FAMILY CELEBRATION SERVICES

The next one will be on 8th March. at 10.45

*Weekly bulletins and church notice boards list any other events in the Church.
Information for these should go to Christine Morgan.*

COMMUNITY EVENTS

Southminster W.I.

We normally meet at Southminster Memorial Hall

Tuesday 3rd March : Sue Baker

Wilkins of Tiptree

Competition: 3 Jam tarts

THE COMMUNITY LUNCH CLUB

In THE MEMORIAL HALL
Every Monday except the
first Monday of each
month and Bank Holidays

Please book in by noon
on the previous Friday by
phoning Kath Savage:
07434915467

The **SOUTHMINSTER CHATTERBOX**

meets in the
Memorial Hall
on Thursday mornings
from 10 am until noon.

The Bereavement Group is
there on 1st & 3rd Thursdays
There are also
Weight Management Sessions.

Memorial Hall Wishing Well Club

Tuesday 10th March 1 pm - 3 pm

Light lunch, games & good company

Little Lions Baby & Toddler Group
meets at the Memorial Hall

Every Wednesday **during term-time**

10 am - noon Singing, craft, refreshments

£2 for adult and up to 2 children; 50p per extra child

Come and play, stay and chat; all parents & carers are welcomed



FOSCOS Litter pick & other events: See page 22

FOR YOUR DIARIES

There will be a charity

BARN DANCE

with music from *Metric Foot* - at the

Memorial Hall on Saturday 7th March

From 7.30 pm - 11 pm

Tickets are £10 for adults and £6 for children

Phone Sue 01621 774977

and leave a message if no reply.

Proceeds will go to DIABETES UK



Harmony Modern Choir
Saturday 28 March at 7pm



at

St Andrew's Church Althorne

Tickets £10 including glass of wine

740481 or 744912

in aid of the church repair fund

And don't forget If you would like to learn a new skill in 2020, it may be that flower arranging could be appropriate. See the poster at the back of church.

Flower Arranging Course for Beginners

On Tuesdays from March to November

Conducted by Mrs Barbara Roe in the

Chapman Room at St Thomas' Church Bradwell-on-Sea

AND BACK TO FEBRUARY ...

Ken (and Kath) Dunstan report on concert

“Without **music**, life would be a mistake” —

Friedrich Nietzsche.

Some years ago Steeple’s harvest supper in a barn was enlivened by the **Sid Bolan Big Band**. Since then, we have missed few opportunities to hear them, and sometimes, to dance to them. Then a friend in the band suggested to Kath that they should come to Southminster.

On 15 February, the suggestion came to splendid fruition. Extensive advertising, coupled with Box Offices at Chapman’s and Southminster Butchers was rewarded with a full house. The Band called it “a really good audience.” We had two hours of excellent musicianship and a great mix of old standards (Glenn Miller, Duke Ellington and Stan Kenton, to name but three), more modern tunes and well sung songs recalling Nat “King” Cole, Frank Sinatra, Bobby Darin and more recently, Michael Buble. The singers, Ruby Morrison and Lewis Churchill, did them full justice. Our Vicar, Peter, was impressed; he has booked the band for 20 February 2021!

No concert can succeed without preparation. We thank our two box offices at Chapman’s and Southminster Butchers, and the ever-faithful team from Southminster Women’s Institute, who provided and served the impressive refreshments. As always, our Churchwardens, Paul and Pete, ensured that the church was prepared, both for the concert and for the worship the following morning. Vicar Peter, as usual, led by example.

Part of the Church’s mission is care of the people of each parish not only in their spiritual need, but in other areas too. Through this concert we have helped the Knightswood Day Care Centre. After paying the band we had £800 to help the

Centre in caring for people needing company, food and support not available at home. Thank you, all who came, all who contributed, all who cared.

Some people have asked, “Who is Sid Bolan?” The band’s leader, Steve Holgate, explained. When the band was formed in Basildon, a brainstorm produced an anagram for the Town: Sid Bolan. So this non-existent person continues to inspire a first-class local Dance Band. Long may he continue to do so! The band members travel from many areas of Essex but they obviously enjoy their music enough to continue. If you want to find out more, check their web site.



This photograph shows Rev'd Peter welcoming the Band and the audience to a most enjoyable evening.

9 $\frac{3}{4}$ out of 10

Occasionally Bob and I take our grandsons to a church in Benfleet, near where our daughter Marie lives. This church of England church has a regular congregation of about 50 people, all of different ages.

We went a couple of Sundays ago to take the boys to Sunday School. As we came in together we were given the bulletin and then we went to have a drink. One person recognised us and said "Hello". The boys were drawing at the tables but no one spoke to us or to them. The service started and Bob and I sat down.

The worship was fantastic, the sermon was very good, the flowers were beautiful and the church was really warm!! When the service ended we went back to the tables and had a cup of tea. The boys came back from Sunday School but still no-one spoke to us. We left as soon as we had all finished.

When I came home I felt really disappointed and felt Jesus was telling me to e-mail the Vicar. So I did. He answered me straightaway, thanking me for my e-mail. He said it must have been a God co-incidence that I had e-mailed because he had felt exactly the same. He said that he was filling in until a new vicar is found. God had shown him that most members of the congregation just stay in their small groups and don't look outward. He said that after that weekend he was going to write an article in the church's magazine about being a better "welcoming church".

I think that as a church here in Southminster we are really welcoming and I hope no-one feels left out. I know I can do better and I feel Jesus is speaking to me about looking round more and trying to welcome everyone who comes through our church doors. I am part of that 1/4 out of 10 and I'm going to really try harder each week.

Viv Perry

DON'T FORGET WHAT'S COMING

Lent Lectures

Wednesdays at Chelmsford Cathedral

“Living Lightly” or “Living Distinctively”

They will focus on the environment and
the current climate crisis

All sessions run from 7.00 pm - 9.00 pm

Admission: FREE

4 March: Bishop PeterAIR

11 March: Bishop Stephen WATER

18 March: Bishop Roger.....FIRE

25 March: Bishop JohnEARTH

1 April: The Ven. Elizabeth Snowden LIFE

...AND WHAT'S ALREADY GONE...

Big Pancake Party on Shrove Tuesday

Tuesday 25th February at the Memorial Hall.

As we go to print this is still in the planning stage so we'll report on its success next month.



The Big Southminster Litter Pick

**Please join FOSCOS
for the Southminster litter pick,
by kindly volunteering
an hour or two of your time on**

Saturday March 14th 2020

**Start at St Leonard's Church
at 10.30am.**

**Grabbers, bags, Hi-Vis Jackets provided.
Bring your own gloves.**

**Refreshments will be provided
for all volunteers.**

**Please come
and help clean up the village.**

**Contact Paula for more details
paulaneall@yahoo.co.uk
01621 773243**



WHAT'S WHAT

Mission Statement

"To be a people offering praise and worship to God and serving him by being the Good News by our words and actions"

Web Site www.stleonardsouthminster.org.uk

Contact: vicar@stleonardsouthminster.org.uk

Sunday Services - normal pattern (See pages 12-14 for details)

8:00 am Holy Communion (Book of Common Prayer 1662)

10:45 am Holy Communion or Morning Worship

(Prayer ministry for any needs is available during/after 10.45 services)

Light refreshments are served after the 10.45 services.

Children and Young people are always welcomed especially for the **Family Celebration Services**

MESSY CHURCH is held monthly on Mondays at 3.45 pm in church.

The next one will be on **Monday 2nd March**

and the April one will be on **30th March**

'LITTLE LIONS' on Wednesday mornings during term-time only
is for babies/toddlers & their carers. See p.16

Morning Prayer (Mon., Wed. and Fri.) 8:00 am (about 30 mins.)

and **Tuesdays at 8.30am** (Just Prayer) in the chapel

THIS MONTH special services at St Leonard's

Friday 6 March 10.30 : World Day of Prayer Service

Sunday 8 March 10.45 : Family Celebration

Mothering Sunday : 22 March 10.45 Family Celebration

Sunday 22 March 19.00 Informal Worship

Pray for Southminster (six regions on six-week rota) See p.10

HOME GROUPS: See page 15 and weekly bulletins for details

United Service for Elderly at Southminster Residential Home

4pm Thursday 19 March