

**Sunday 11<sup>th</sup> August 2024**  
**11<sup>th</sup> Sunday after Trinity**

**Reading 1:** 2 Samuel 18: 5 – 9, 15, 31 - 33

**Reading 2:** Ephesians 4: 25 – 5: 2

**Gospel:** John 6: 35, 41 - 51

Grace mercy and peace from God our Father  
and the Lord Jesus Christ be with you.

**And also with you.**

**Psalm: 130**

Out of the depths I cry to you, O LORD.

<sup>2</sup> Lord, hear my voice!

Let your ears be attentive

to the voice of my supplications!

<sup>3</sup> If you, O LORD, should mark iniquities,

Lord, who could stand?

<sup>4</sup> But there is forgiveness with you,

so that you may be revered.

<sup>5</sup> I wait for the LORD, my soul waits,

and in his word I hope;

<sup>6</sup> my soul waits for the Lord

more than those who watch for the morning,

more than those who watch for the morning.

<sup>7</sup> O Israel, hope in the LORD!

For with the LORD there is steadfast love,

and with him is great power to redeem.

<sup>8</sup> It is he who will redeem Israel

from all its iniquities.

**Song:** (click link) *Here is Love* [https://youtu.be/JUrRHUf2b\\_0](https://youtu.be/JUrRHUf2b_0)

**Invitation to Confession:**

God the Father forgives us in Christ and heals us by the Holy Spirit.

Let us therefore put away all anger and bitterness,

all slander and malice,

and confess our sins to God our redeemer.

**Confession:**

Lord God, we have sinned against you;

we have done evil in your sight.

We are sorry and repent.  
Have mercy on us according to your love.  
Wash away our wrongdoing  
and cleanse us from our sin.  
Renew a right spirit within us  
and restore us to the joy of your salvation;  
through Jesus Christ our Lord. Amen.

### **Absolution:**

May the God of love and power  
forgive us and free us from our sins,  
heal and strengthen us by His Spirit,  
and raise us to new life in Christ our Lord. Amen.

Blessed be the Lord  
for he has heard the voice of our prayer;  
Therefore shall our hearts dance for joy  
and in our song will we praise our God.

### **Reading 1: Ephesians 4: 25 – 5: 2**

<sup>25</sup> So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. <sup>26</sup> Be angry but do not sin; do not let the sun go down on your anger, <sup>27</sup> and do not make room for the devil. <sup>28</sup> Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. <sup>29</sup> Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. <sup>30</sup> And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. <sup>31</sup> Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, <sup>32</sup> and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you.

**5** <sup>1</sup> Therefore be imitators of God, as beloved children, <sup>2</sup> and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

*This is the word of the Lord. Thanks be to God.*

### **Gospel: John 6: 35, 41 – 51**

<sup>35</sup> Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

<sup>41</sup> Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' <sup>42</sup> They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' <sup>43</sup> Jesus answered them, 'Do not complain among yourselves. <sup>44</sup> No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. <sup>45</sup> It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. <sup>46</sup> Not that anyone has seen the Father except the one who is from God; he has seen the Father. <sup>47</sup> Very truly, I tell you, whoever believes has eternal life. <sup>48</sup> I am the bread of life. <sup>49</sup> Your ancestors ate the manna in the wilderness, and they died. <sup>50</sup> This is the bread that comes down from heaven, so that

one may eat of it and not die. <sup>51</sup> I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

This is the Gospel of the Lord. Praise to you O Christ.

**Talk:** (click link) <https://youtu.be/qkkTGksBc6Y>

*Let us declare our faith in our Lord Jesus Christ.*

## **The Creed**

*Let us declare our faith in the resurrection of our Lord Jesus Christ.*

Christ died for our sins  
in accordance with the Scriptures;  
he was buried;  
he was raised to life on the third day  
in accordance with the Scriptures;  
afterwards he appeared to his followers,  
and to all the apostles:  
this we have received,  
and this we believe.  
Amen.

*cf 1 Corinthians 15.3-7*

## **Prayers of Intercession**

United in the company of all the faithful  
and looking for the coming of the kingdom,  
let us offer our prayers to God,  
the source of all life and holiness.

Merciful Lord,  
strengthen all Christian people by your Holy Spirit,  
that we may live as a royal priesthood and a holy nation  
to the praise of Jesus Christ our Saviour.  
**Lord, have mercy.**

Bless *Guli* our bishop, and all ministers of your Church,  
that by faithful proclamation of your word  
we may be built on the foundation of the apostles and prophets  
into a holy temple in the Lord.  
**Lord, have mercy.**

Empower us by the gift of your holy and life-giving Spirit,  
that we may be transformed into the likeness of Christ  
from glory to glory.  
**Lord, have mercy.**

Give to the world and its peoples  
the peace that comes from above,  
that they may find Christ's way of freedom and life.  
**Lord, have mercy.**

Hold in your embrace all who witness to your love  
in the service of the poor and needy;  
all those who minister to the sick and dying;  
and all who bring light to those in darkness.  
**Lord, have mercy.**

Touch and heal all those whose lives  
are scarred by sin or disfigured by pain,  
that, raised from death to life in Christ,  
their sorrow may be turned to eternal joy.  
**Lord, have mercy.**

Remember in your mercy all those gone before us,  
who have been well-pleasing to you from eternity;  
preserve in your faith your servants on earth,  
guide us to your kingdom,  
and grant us your peace at all times.  
**Lord, have mercy.**

Hasten the day when many will come  
from east and west, from north and south,  
and sit at table in your kingdom.  
**Lord, have mercy.**

We give you thanks  
for the whole company of your saints in glory,  
with whom in fellowship we join our prayers and praises;  
by your grace may we, like them,  
be made perfect in your love.

Merciful Father,  
accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.

***Silence is kept.***

**Collect:**

God of Glory, the end of our searching, help us to lay aside all that prevents us from  
seeking your kingdom, and to give all that we have to gain the pearl beyond price,  
through our Saviour Jesus Christ

**Lord's Prayer:**

Our Father in heaven,  
Hallowed be your name  
Your kingdom come  
Your will be done  
on earth as in heaven.  
Give us today our daily bread  
and forgive us our sins  
as we forgive those who sin against us  
Lead us not into temptation  
but deliver us from evil  
For the kingdom the power and the glory  
are yours now and forever.        Amen.

*Let us pause for a moment to bring ourselves  
and all that we offer to God  
and give Him thanks.*

**Song:** *(click link)*    Yet Not I But Through Christ In Me

<https://youtu.be/zundiUFazfg>

**Blessing:**

God the Holy Trinity make you strong in faith and love,  
defend you on every side,  
and guide you in truth and peace.....

.....and the blessing of God almighty;  
Father Son and Holy Spirit,  
be with us, and remain with us  
and all those whom we love,  
now and forever.  
Amen.

*As we come to the end of this service we can fellowship with each other in Spirit, with tea, coffee  
and biscuits, and continuing to pray for each other.*

*Post something on the Facebook page to bless others.*