

**Sunday 14<sup>th</sup> July 2024**

**Seventh Sunday after Trinity**

**Reading :** Ephesians 1: 3 – 14

**Gospel:** Mark 6: 14 - 29

Grace mercy and peace from God our Father  
and the Lord Jesus Christ be with you.

**And also with you.**

This is the day that the Lord has made

**Let us rejoice and be glad in it.**

**Psalm: 24**

The earth is the LORD's and all that is in it,  
the world, and those who live in it;

<sup>2</sup> for he has founded it on the seas,  
and established it on the rivers.

<sup>3</sup> Who shall ascend the hill of the LORD?  
And who shall stand in his holy place?

<sup>4</sup> Those who have clean hands and pure hearts,  
who do not lift up their souls to what is false,  
and do not swear deceitfully.

<sup>5</sup> They will receive blessing from the LORD,  
and vindication from the God of their salvation.

<sup>6</sup> Such is the company of those who seek him,  
who seek the face of the God of Jacob.

<sup>7</sup> Lift up your heads, O gates!  
and be lifted up, O ancient doors!  
that the King of glory may come in.

<sup>8</sup> Who is the King of glory?  
The LORD, strong and mighty,  
the LORD, mighty in battle.

<sup>9</sup> Lift up your heads, O gates!  
and be lifted up, O ancient doors!  
that the King of glory may come in.

<sup>10</sup> Who is this King of glory?  
The LORD of hosts,  
he is the King of glory.

**Song:** (*click link*) Praise to the Lord the Almighty <https://youtu.be/PNBB4F-0Haw>

**Invitation to Confession:**

God the Father forgives us in Christ  
and heals us by the Holy Spirit.

Let us therefore put away  
all anger and bitterness,  
all slander and malice,  
and confess our sins to God our redeemer.

**Confession:**

Lord God, we have sinned against you;  
we have done evil in your sight.  
We are sorry and repent.  
Have mercy on us according to your love.  
Wash away our wrongdoing  
and cleanse us from our sin.  
Renew a right spirit within us  
and restore us to the joy of your salvation;  
through Jesus Christ our Lord. Amen.

**Absolution:**

May the God of love and power  
forgive us and free us from our sins,  
heal and strengthen us by His Spirit,  
and raise us to new life in Christ our Lord. Amen.

Blessed be the Lord  
for he has heard the voice of our prayer;  
Therefore shall our hearts dance for joy  
and in our song will we praise our God.

**Reading : Ephesians 1: 3 – 14**

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, <sup>4</sup> just as he chose us in Christ<sup>[b]</sup> before the foundation of the world to be holy and blameless before him in love. <sup>5</sup> He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, <sup>6</sup> to the praise of his glorious grace that he freely bestowed on us in the Beloved. <sup>7</sup> In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace <sup>8</sup> that he lavished on us. With all wisdom and insight <sup>9</sup> he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, <sup>10</sup> as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. <sup>11</sup> In Christ we have also obtained an inheritance,<sup>[c]</sup> having been destined according to the purpose of him who accomplishes all things according to his counsel and will, <sup>12</sup> so that we, who were the first to set our hope on Christ, might live for the praise of his glory. <sup>13</sup> In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; <sup>14</sup> this<sup>[d]</sup> is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

*This is the word of the Lord. Thanks be to God.*

## **Gospel: Mark 6: 14 – 29**

### **The Death of John the Baptist**

<sup>14</sup> King Herod heard of it, for Jesus' name had become known. Some were<sup>[d]</sup> saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' <sup>15</sup> But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' <sup>16</sup> But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'

<sup>17</sup> For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. <sup>18</sup> For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' <sup>19</sup> And Herodias had a grudge against him, and wanted to kill him. But she could not, <sup>20</sup> for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. <sup>21</sup> But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. <sup>22</sup> When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' <sup>23</sup> And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' <sup>24</sup> She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' <sup>25</sup> Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' <sup>26</sup> The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. <sup>27</sup> Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, <sup>28</sup> brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. <sup>29</sup> When his disciples heard about it, they came and took his body, and laid it in a tomb.

This is the Gospel of the Lord. Praise to you O Christ.

**Talk:** (click link) [https://youtu.be/KEZU\\_LC7KLw](https://youtu.be/KEZU_LC7KLw)

*Let us declare our faith in our Lord Jesus Christ.*

### **The Creed**

I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,

the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.

### **Prayers of Intercession**

We pray for God's grace.  
Lord receive our praise,  
and hear our prayer.

Lord God, through your grace we are your people:  
Through your son you have redeemed us;  
In your Spirit you have made us your own.

We pray for..... (*the Church new Christians etc.*)  
Make our hearts respond to your love.  
Lord receive our praise,  
and hear our prayer.

We pray for.....(*the world, society, the local community*)  
Make our lives bear witness to your glory in the world.  
Lord receive our praise,  
and hear our prayer.

We pray for.....(*people in need, Christian service*)  
Make our wills eager to obey, and hands ready to heal.  
Lord receive our praise,  
and hear our prayer.

We give thanks for.....  
Make our voices one with all your people  
In heaven and on earth.  
Lord receive our praise,  
and hear our prayer.

Lord of life, hear our prayer and make us one in heart and mind  
To serve you with joy forever.      Amen.

Merciful Father,  
**accept these prayers**  
**for the sake of your Son,**  
**our Saviour Jesus Christ.**  
**Amen.**

***Silence is kept.***

**Collect:**

Generous God, you give us gifts and make them grow, though our faith is small as mustard seed, make it grow to your glory and the flourishing of your kingdom; through Jesus Christ our Lord. Amen.

**Lord's Prayer:**

Our Father in heaven,  
Hallowed be your name  
Your kingdom come  
Your will be done  
on earth as in heaven.  
Give us today our daily bread  
and forgive us our sins  
as we forgive those who sin against us  
Lead us not into temptation  
but deliver us from evil  
For the kingdom the power and the glory  
are yours now and forever. Amen.

*Let us pause for a moment to bring ourselves  
and all that we offer to God  
and give Him thanks.*

**Song:** *(click link)* Great is Thy Faithfulness <https://youtu.be/r4ox4es1jo8>

**Blessing:**

God the Holy Trinity make you strong in faith and love,  
defend you on every side,  
and guide you in truth and peace.....

.....and the blessing of God almighty;  
Father Son and Holy Spirit, s  
be with us, and remain with us  
and all those whom we love,  
now and forever.  
Amen.

Song: *(click link)*

*As we come to the end of this service we can fellowship with each other in Spirit, with tea, coffee  
and biscuits, and continuing to pray for each other.*

*Post something on the Facebook page to bless others.*